



Allegheny County Council

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Title: Proclamation declaring the month of February as American Heart Month in Allegheny County.

Sponsors: Cindy Kirk, Tom Baker, Patrick Catena, Sam DeMarco, Nick Futules, Bethany Hallam, Robert Palmosina, Anita Prizio, Tom Duerr

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Proclamation declaring the month of February as *American Heart Month* in Allegheny County.

WHEREAS, cardiovascular disease is the number one killer of all Americans, claiming more than 840,000 lives; and

WHEREAS, *American Heart Month* was founded in 1963 to make individuals more aware of the “staggering physical and economic loss” due to cardiovascular diseases, as quoted by President Lyndon B. Johnson; and

WHEREAS, almost half of all adults in the United States face increased risk of heart disease for various reasons. During *American Heart Month*, individuals must take steps to reduce the risk associated with heart disease in themselves and in those they care about by encouraging healthy eating, physical activity, and discouraging the use of tobacco; and

WHEREAS, the *American Heart Association*, along with the organization’s *Go Red for Women* movement, has impacted the lives of thousands of men, women and children in the Pittsburgh area by supporting cardiovascular research, professional and community education and advocacy efforts; and

WHEREAS, on Friday, February 7, 2020, in celebration of *National Wear Red Day*, women across America wore red to help raise awareness that heart disease is the number one health threat to women;

NOW, THEREFORE BE IT RESOLVED, that we, Allegheny County Council Members Cindy Kirk, Tom Baker, Sam DeMarco, Nick Futules, Robert Palmosina, Anita Prizio, and..., do hereby proclaim the month of February as *American Heart Month* in Allegheny County, and we thank the *American Heart Association* and *Go Red for Women* for its continued efforts to fight this epidemic to build a brighter future for the families of Allegheny County.

IN WITNESS WHEREOF, I have hereunto caused the Seal of the County of Allegheny to be affixed this 25th day of February 2020.