



Allegheny County Council

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Title: Proclamation declaring Saturday, June 29, 2019 to be “cardiacAWARE Day” in Allegheny County.
Sponsors: Tom Baker
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Proclamation declaring Saturday, June 29, 2019 to be “*cardiacAWARE Day*” in Allegheny County.

WHEREAS, cardiovascular disease is the single leading cause of death for both men and women in the United States, responsible for one in three deaths in the United States each year; and

WHEREAS, in 2018, *cardiacAWARE* a local nonprofit was established to help bring about more cardiac awareness by providing individuals with information and direction about cardiovascular disease, and

WHEREAS, by wanting to empower all individuals about cardiovascular disease, *cardiacAWARE* provides individuals with the following: “The Knowledge” for knowing and recognizing the warning signs and symptoms of a heart attack, stroke, or sudden cardiac arrest; “The Understanding” with the resourcefulness to call 9-1-1, start administering Hands-Only CPR and knowing where an AED is located and how to use one; and “The Ability” to allow them to be the individual who reacts in a pro-active manner and becomes that needed lifesaving bystander; and

WHEREAS, *cardiacAWARE* strives to transform schools, college/universities, community parks and recreation centers, public and private businesses, faith-based facilities, and municipal and state institutions into cardiac safe environments; and

WHEREAS, recently, *cardiacAWARE* has partnered with Allegheny County in their campaign to improve the health and well-being of Allegheny County residents and became a “Live Well Allegheny” Partner. Through this partnership, Allegheny County and *cardiacAWARE* are dedicated to reducing chronic disease (heart attacks, cardiovascular conditions and strokes) and increasing physical activity; and

WHEREAS, on Saturday, June 29, 2019, *cardiacAWARE* will host its first annual 3x3 Basketball Challenge at Moon Township’s Moon Park. This event is not only about basketball, but it is designed to promote education and awareness for heart fitness, cardiac safe environments, and the importance of protecting student athletes from heart disease;

NOW, THEREFORE BE IT RESOLVED, that I, Allegheny County Council Member Tom Baker, do hereby declare Saturday, June 29, 2019 to be “***cardiacAWARE Day***” in Allegheny County. This Council commends ***cardiacAWARE*** for its unwavering dedication to providing individuals with information about cardiovascular disease and efforts to build a brighter future for the residents of Allegheny County.

IN WITNESS WHEREOF, I have hereunto caused the Seal of the County of Allegheny to be affixed this 29th day of June 2019.